Hospitality People We've got you.



Hospitality Action We've got you.

Hospitality Action was established in 1837 and has since offered vital assistance to all who work, or have worked within hospitality in the UK.

Whether you work in hotels, restaurants, pubs, bars or cafés, schools, hospitals or event venues, we're here to give you the help, advice and support you need whenever times get tough.

Whatever challenge you face - from physical illness or mental health issues to financial difficulty, family problems to addiction - Hospitality Action is here to get you back on your feet again. And when it's no longer possible to work, we can help you prepare for the next phase of your life.

Whatever you do in hospitality, we've got you.

How we help.

- Grants and Advisory
- Wellbeing support
- Signposting
- Employee Assistance Programme
- Golden Friends

Financial Grants.



It's not just a fridge freezer, it's...



on essential white goods like fridge/freezers.

*Nearly 1 million people in the UK are living without a fridge.

It's not just a new carpet, it's...____



In 2024 Hospitality Action provided over £30,000 worth of carpets to families rehoused by Local Councils - turning empty spaces into real homes.

*1.2 million people in the UK have no carpet or flooring in their homes.

Employee Assistance Programme.

Our bespoke Employee Assistance Programme is a care package that provides peace of mind to employers and a range of specialist, independent and confidential support services to employees.

The EAP is there to support you and your team 24/7.



Golden Friends.

Our befriending and support network helps hospitality retirees to stay connected to their industry.

Benefits include

- Bi-monthly newsletter
- Dedicated helpline
- Telephone befriending
- Financial support e.g. Winter Fuel Grant
- Personalised birthday and Christmas cards
- Christmas gift



Charity Partnerships._



Corporate Fundraising.





Invisible Chips.

0% fat, 100% charity. Our award winning Invisible Chips are good for you and good for the hospitality industry.

By buying a portion or adding them to your menu you'll be helping hospitality families whose lives have gone backwards over the last few years.

Buying a portion of nothing changes everything.

Current stockists include:











walk for wellbeing.

Takes place every October in cities across the UK

In support of

Hospitality Action





Let's walk the walk and make a positive difference together

MIRACLE MINCE IS OUT NOW!

Top chefs share their recipes for mince, transforming this frugal kitchen staple into delicious and affordable recipes



With recipe contributions from Tom Kerridge, Raymond Blanc, Jason Atherton, James Martin, Heston Blumenthal, Poppy O'Toole, Angela Hartnett and many more...

100 % of the royalties goes to Hospitality Action

